

# Resources

Kids In Crisis  
Helpline:

203-661-1911



## Helping Kids Thrive – Attendance Counts!

Helping kids with back-to-school anxiety: Practical strategies to help school refusal and avoidance.

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### Groups/Information:

- [schoolavoidance.org](http://schoolavoidance.org)
- [nirofeliciano.com](http://nirofeliciano.com)

### Books:

- [Breaking Free of Child Anxiety](#) by Eli Leibowitz
- [The Gift of Failure](#) by Jessica Lahey
- [Emotionally Based School Avoidance: A compassionate and supportive toolkit for you and your child](#) by Dr Claire Stubbs
- [Never Enough: When Achievement Culture Becomes Toxic-and What We Can Do About It](#) by Jennifer Breheny Wallace
- [The Anxious Generation: How the Great Rewiring of Childhood Is Causing an Epidemic of Mental Illness](#) by Jonathan Haidt

### Videos:

- [School avoidance: An emerging crisis from behind bedroom doors](#) Rob Jones | TEDx

### Treatment:

- [Dr. Melanie Pearl, Ph.D.](#)
- [Center for School Engagement](#)